LC-Vital Wheat Gluten®

Diabetic Friendly
Lactose Free

Net Carbs 4g Per Serving

Sugar Free
Low Carb

LC Foods
For Low Carb Living©

Nutrition Facts

Serving Size ¼ cup (39.5g)
Servings per container 13

Amount Per Serving
Calories 147
Calories from Fat 7

			%Daily Value*
Total Fat 0.8g	1%	**Total Carbohydrate** 5g	2%
Saturated Fat 0g	0%	Dietary Fiber 1g	3%
Trans Fat 0g		Sugars 0g	0%
Cholesterol 0 mg	0%	**Protein** 29.8g	60%
Sodium 2mg	0%	**Net Carbs** 4g	

*Percent daily values are based on a 2000 calorie diet.

Ingredients: Insoluable wheat gluten

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Manufactured for LC Foods™ Company, Raleigh NC 27604

Net Wt. 18.3 oz. (519g) Approx. 3 ¼ cups