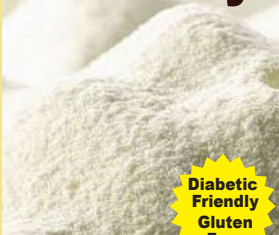


LC-Whey Protein - Unflavored[®]



**Diabetic
Friendly
Gluten
Free**

Unsweetened Instant

Directions: Use in favorite recipes, or add 3-4 Tbsp to 6-8 oz of water or other beverage. Add fruits, vegetables, nuts and seeds as desired.



Nutrition Facts

Serving Size ¼ Cup (22.68g)
Servings per container 20

Amount Per Serving
Calories 160
Calories from Fat 3.6

		%Daily Value*	
Total Fat .4g	1%	Total Carbohydrate .8g	0%
Saturated Fat .2g	1%	Dietary Fiber 0g	0%
Trans Fat 0g		Sugars 0g	0%
Cholesterol 10mg	3%	Protein 20.7g	41%
Sodium 50mg	2%	Net Carbs .8g	

*Percent daily values are based on a 2000 calorie diet.

Ingredients: Contains a proprietary/patent pending blend of instantized whey protein isolates, soy lecithin <1% for anti-clumping.

Allergen Warning: Processed in a facility that uses wheat gluten and nuts



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Net Wt. 16 oz. (453.6g) Over 5 cups

Manufactured by LC Foods[™]
Company, Raleigh NC 27604