

LC-Whey Protein - Peanut Butter[®]



**Diabetic
Friendly
Gluten
Free**

Unsweetened Instant

Directions: Use in favorite recipes, or add 3-4 Tbsp to 6-8 oz of water or other beverage. Add fruits, vegetables, nuts and seeds as desired.



Net Carbs
1g
Per Serving

Nutrition Facts

Serving Size ¼ Cup (22.68g)
Servings per container 20

Amount Per Serving
Calories 89

Calories from Fat 9

		%Daily Value*	
Total Fat 1g	2%	Total Carbohydrate 2g	1%
Saturated Fat .3g	2%	Dietary Fiber 1g	4%
Trans Fat 0g		Sugars 0g	0%
Cholesterol 8mg	3%	Protein 18g	36%
Sodium 39mg	2%	Net Carbs 1g	

*Percent daily values are based on a 2000 calorie diet.

Ingredients: Contains a proprietary/patent pending blend of instantized whey protein isolates, 100% Non-GMO organic defatted peanuts, soy lecithin <1% for anti-clumping.

Allergen Warning: Processed in a facility that uses wheat gluten



Net Wt. 16 oz. (453.6g) Approx. 5 cups

Manufactured by LC Foods[™]
Company, Raleigh NC 27604